



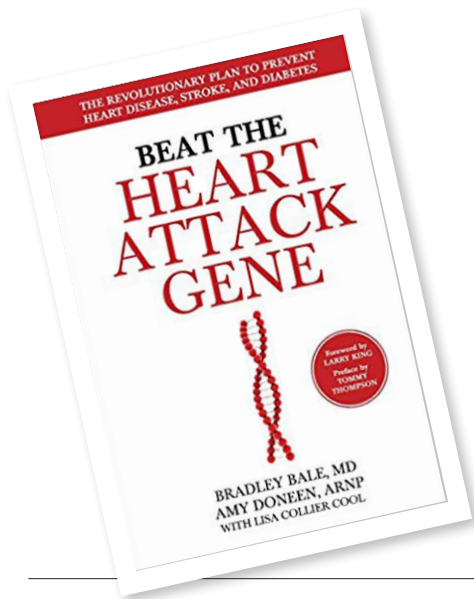
NEWS FROM YOUR DEDICATED DENTAL TEAM

WINTER 2018-2019



SUSAN MAPLES, DDS

Personalized Dentistry For A Lifetime of Health



To Better Protect You from Cardiovascular Disease (CVD)...

our office is teamed up with the Center for Optimal Health in Lansing for your wellbeing. Most people discover they have CVD after a major event, like a heart attack or stroke—and by then it's advanced. Gum disease causes dangerous plaque to build up in your artery walls. But so does a bad diet, overweight and other lifestyle risk factors. Dr. Alicia Williams is a preventive cardiologist who uses advanced technologies to help you identify your status and remaining risk factors for CVD and the most natural remedies to avoid progression. Dr. Williams and Dr. Susan recently studied the Bale and Doneen Method at their Preceptorship in Atlanta. If you want to learn more about the Bale and Doneen method, be sure and pick up a copy of *Beat the Heart Attack Gene* in the health book tower of our reception area.

Welcome Brenda!

If you haven't yet met our new (but familiar) dental assistant, Brenda, let us introduce you. Brenda was a childhood patient of Dr. Susan's and has remained friends all these years. As a young woman she became a dental assistant and worked for a close friend of Susan's. Next she earned her degree as a registered nurse and practiced medicine, including hospice care for 8 years. Now she returns to the dental profession with a passion. She just loves the total health approach to dentistry and learning about ALL the connections between the mouth and body. We love her and we are sure you will too.



Dr. Susan Joins the Dawson Academy Faculty.

In 2019 Dr. Susan will launch a series of two-day seminars for one of the most significant learning centers in all of dentistry, the Dawson Academy. Susan is teaching other offices about our expertise, Total Health Dentistry, which is considered the future of dentistry. Susan is completely honored to receive such an invitation, and we are proud that our office is nationally recognized as caring, nurturing and cutting-edge health care leaders.

Our Mission

To treat each person with integrity, respect and kindness.

To help each person take a significant step toward his/her desired oral and systemic health.

To serve as leaders in our community in the quest toward total health promotion and the partnership between all health professionals.

Are you looking to Lose Weight and Gain Muscle, in the New Year?

Don't use your bathroom scale as a judge for your health! Step on our new In Body scale to help you better understand your body's composition. You might be surprised and motivated by the difference between weight and percent muscle mass, cellular and extracellular water and fat—and how it's distributed. Our team has unanimously decided that this piece of technology will be a great tool in motivation and monitoring your progress toward health. Jean, our Health Relationship Coordinator will help you get tested in a minute and interpret your results. If you want to learn more, just ask.



About Us

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We Are Now Offering Premium Dietary Supplements at a Reasonable Cost.

In order to enhance your health and make your life easier, we are offering the basic every-day necessary supplements. A high quality probiotic for gut health, and an easily absorbed concentration of Curcumin (AKA turmeric, the most powerful anti-inflammatory element on the planet). We also offer you a great Multi Vitamin, Vitamin D 5000mg (our number two nutrient deficiency), Omega 3 fish oil, Reacted Magnesium and Vitamin C. Feel free to ask us for more information about each one, and how these enhance your oral health.

We Are Working Hard at Medical Billing for Sleep Apnea.

Beginning in 2019 we will be integrating a new software to bill for medical services such as sleep tests, oral appliances for obstructive sleep apnea, periodontal disease pathogen testing and more. If you want an oral appliance and have delayed because of cost, please ask us how we might help. We are dedicated to your overall health.

Your Dental Benefits are Constantly Changing.

If your employer offers you dental benefits, you might notice the policy changes from time to time. In today's health environment medical and dental insurance plans vary a lot, even among the same parent insurance company! As your partner in optimal health, we are here to help you to better understand the nuances of the plan your employer has chosen. Please keep us informed as you hear of changes and ask us for assistance.

Congratulations Dr. Susan Maples.

Our team was well represented at the American Academy Of Oral Systemic Health (AAOSH) meeting, where Susan was granted an award as a charter fellow of the academy. She is among the first handful of dentists to complete a rigorous education in integrated health for the body. Susan also serves on the executive board of AAOSH.