

## October 2008

**Hooray! We have a new bouncing baby boy!** Jean brought us Landon Dean Voss. He arrived on November 5th—absolutely gorgeous with a full head of hair. And we sure miss Jean; she’s taking some time to settle in with her new family. It’s been a very busy year-A wedding in October, a new job for husband, Jim, in July and a new baby in November. Wow! Congratulations for all...

**A huge thank-you to all the goblins, ghosts and ghouls** who made our Halloween candy buy-back a success. On Monday, November 3rd from 3-7 p.m., kids from all over Holt and the surrounding area brought their candy to our office and we paid them a dollar per pound! Then, we matched each dollar with a charitable contribution to Ele’s Place, a healing center for grieving children.

**Have you been diagnosed or treated for osteoporosis?** Let us collaborate with your physician for your future dental health. Bisphosphonates such as Fosomax, Fosomax D, Actonel, Boniva and Reclast are prescription drugs that are commonly prescribed to treat osteoporosis. If you have ever taken these drugs you will be have an increased dental surgery risk of jaw bone infection (osteonecrosis). So it is critical that you inform us if bisphosphonates have been part of your medical history. And if you are considering this treatment option, let us help you forsee any surgical needs such as implants or extractions. We want to keep you strong and healthy!

**We want you all to be healthy and fit!** So... it only seems natural that Dr. Susan was asked to write a column for “Healthy and Fit” magazine. “Healthy and Fit” is a locally published magazine that features great articles on exercise, nutrition, and over-all wellness. Dr. Susan would love your input on ideas for future columns. Pick up a copy in our office-they’re FREE- and let us know what you think!

**Speaking of Health and Fitness...**Usually, we tell you about our latest growth areas but now we’re getting smaller! Every Wednesday morning, we host a Weight Watcher’s meeting in our Staff Meeting room. What a wonderful, fun and collaborative way to learn to fuel our bodies and our families well. In just a few short weeks our group has lost over 150 pounds! – That’s a whole person!!!! We’re so excited...feel free to ask us more.

**Is this economy bad or what?** Our team is making a concerted effort to increase the “*fun factor*” here. If you’re having a particularly “down” day, please stop by and we’ll help cheer you up. It’s all about attitude and we’ve certainly got a fun one we’d like to share. We also want to remember that Michigan is a wonderful state! Our perimeter is made up of beautiful fresh water lakes and white sandy beaches. We are the Land of Hospitality. With that in mind, let’s support our locally owned businesses! From restaurants to retailers let’s honor the motto “Buy Michigan” and we’ll get through this complicated economic time together!

**We're so happy that so many of you are enjoying our complementary comfort services.** We all love to spoil you. And sometimes there's just not enough of Shannon to go around—for that we're sorry. We all wish she could honor every request –because after all, you deserve it! Be assured that she'll do her very best to pamper you at every opportunity.

**We are students of our own successes and ...set-backs.** And you are our teacher. Did you know that we engage in 11 strategic activities to gain your feedback about how we might improve our service to you? We want to be unique and awesome for YOU! Without your opinions we have no compass. So... If you have any ideas about any little thing we could be doing better, we're BEGGING you to let us know.

**Have you seen our new “No Cavity” club?** When we learned that Kodak would no longer be making Polaroid film, we had to brainstorm about a different way to show off our gorgeous cavity- free kids! Dr. Susan found an innovative artist to design a custom digital photo frame! We love seeing your/our kids pictures all day. Hope you like it as much as we do!