



SUSAN MAPLES, DDS
COSMETIC & FAMILY CARE
The Fine Art of Dentistry

News From Your Dedicated Dental Team

Many people ask about Sandi and keep her in their prayers. Sandi and her husband Larry have returned from a three month stay in Florida where they celebrated their 30th wedding anniversary. Her chemotherapy is harsh but has been somewhat effective. They have really enjoyed the warm weather and Sandi's energy has improved considerably. Thank you for continuing to keep her in your thoughts and prayers, right along with us!

If you have always wanted naturally straight teeth but didn't like the idea of a metal mouth for two years read on..... Dr. Susan has been creating beautiful smiles with five to eight months of cosmetic (tooth-colored) braces. It's amazing to see some before and after photos. Just schedule a visit to see if you are a candidate for Six Month Smiles short-term orthodontics.

Dr. Susan travels to San Antonio and Kansas City for teaching and study. The annual meeting of the American Academy of Dental Practice Administration was focused around *Change* and embracing *New Ideas*. She looked at the future of dentistry, technology, trends in our younger generations and the behavioral/biological aspects of change. When she wasn't busy in class she was presenting our "*Hands-On Learning Lab*" and leading a group of dental consultants on how to conduct and debrief a low-ropes course for team-building and experiential learning. Susan will soon visit Kansas City to speak for two days on Relationship-Based Target Marketing and Patient Communication in Dental Treatment Options.

Our Spa/Comfort Specialist transferred her baton. Shannon has moved to Canton, Michigan and is excited for her new opportunities. We miss her healing hands and her calming nature very much. Please help us welcome SarahAnn as our comfort specialist. SarahAnn is a long-time patient, friend and fan of our practice and is delighted to be part of our team. She is working a full schedule around her college courses. So if comfort services have become a high value for you, please be sure you mention it when you schedule your next appointment.

We have uncovered a gravely significant link between certain strains of Human Papaloma Virus (HPV) and oral/throat cancer risk. HPV is spread through deep kissing and oral sexual contact and the viruses can now be identified through saliva testing. If you are at a higher risk for oral or throat cancer, we would recommend more frequent oral cancer examinations. For more information see Dr. Susan's article in the March issue of Healthy and Fit Magazine, also located on our website at www.DrSusanMaples.com. And if you are interested in the saliva test for HPV strains, please let us help you.

If you suffer from snoring or sleep apnea, let us help you. Not only are sleep disorders potentially life-threatening, they are often disruptive to personal relationships. Dr. Susan has been studying sleep disorders and offers the Tap III appliance. "Tap three" is a great relief for snoring and a wonderful alternative to the C-PAP machine for adults who suffer from Sleep Apnea. If you have such sleep disruptions, feel free to ask us for more information.

If you've been diagnosed with periodontal disease our new saliva testing might be very helpful. We can now identify specific bacterial pathogens that are causing your bone breakdown and offer a specific antibiotic as additional therapy. We can also test for the genetic component of your disease to help you learn more about your predisposition for bone loss. If this piques your curiosity, feel free to ask us more.

What's new about our children's Hands-On Learning Lab? Our hygiene team; Georgette, Corri and Casey, has been bringing our health-promoting science experiments to classrooms. The children have really enjoyed a different approach to learning oral and whole-body health. Susan, Sherry and Georgette brought six dental science experiments to a local career fair, representing dental health careers. Last but not least, Dr Susan is building a *kit* (with tutorials, experiment recipes, DVDs, marketing materials, etc) designed to help other dental teams, schools and health professionals set up their own Hand's on Learning Lab. We are all pioneers on a mission to help kids live long, healthy and vibrant lives.

Botox and Juviderm Cosmetics in a dental office? Really? That's right! In order to help you look and feel your best, Dr. Susan is currently completing her training to offer additional enhancements in smile esthetics. Many adults who want to whiten, strengthen, or straighten teeth, also express self-consciousness about the deep smile lines or worry lines they see. If that is you, let us help you turn back the hands of time. Botox Cosmetics is a simple solution for forehead or outer-eye worry lines and Juviderm Cosmetics is a smoothing filler for deep lines we often see around the mouth. Ask us if you want to further explore your options. For more extensive solutions to problems such as heavy eye lids, bags under your eyes, or jowls, we would be happy to talk with you about what you might expect in a consultation with our friend and plastic surgeon, Dr. George Poletes.

